



Maternal Depression Conference Agenda

- 8:00 – 8:30 AM** **Registration & Breakfast**
- 8:35 – 8:45 AM** **Welcoming Remarks**
Brief Welcome from Dr. Matthew B. Perkins, MD, MBA, MPH, and Dr. Michael T. Compton, MD, MPH on behalf of the Office of Mental Health

Brief Welcome from Dr. David H. Rubin, MD on behalf of the Statewide Coordination Center
- 8:50 – 9:00 AM** **Overview of Conference & Assessment of Needs in NY**
Dr. Lee S. Cohen, MD – Director, The Ammon-Pinizzotto Center for Women’s Mental Health, Massachusetts General Hospital; Edmund and Carroll Carpenter Professor of Psychiatry, Harvard Medical School

Dr. Marlene P. Freeman, MD - Associate Professor, Psychiatry, Harvard Medical School; Associate Director, The Ammon-Pinizzotto Center for Women’s Mental Health, Massachusetts General Hospital; Associate Director, Perinatal and Reproductive Psychiatry Program; Medical Director, CTNI; Abra Prentice Foundation Chair in Women’s Mental Health

Morning Track: The Challenge of Diagnosis, Screening, and Treatment of Maternal Mood and Anxiety Disorders

- 9:05 – 9:35 AM** **Prevalence and Consequences of Maternal Mood and Anxiety Disorders**
Dr. Laura F. Petrillo, MD – Instructor, Psychiatry, Harvard Medical School; Director of Training, The Ammon-Pinizzotto Center for Women’s Mental Health, Massachusetts General Hospital



9:40 – 10:10 AM

Accurate Diagnosis for the Primary Care Setting: Identification of Depression, Bipolar Disorder, Psychotic Disorders and Anxiety Disorders

Dr. Ruta Nonacs, MD, PhD – Instructor, Psychiatry, Harvard Medical School; Staff Psychiatrist, Perinatal and Reproductive Psychiatry Clinical Research Program, Massachusetts General Hospital; Editor in Chief, womensmentalhealth.org, The Ammon-Pinizzotto Center for Women's Mental Health, Massachusetts General Hospital

10:15 – 10:45 AM

Screening for Maternal Mood and Anxiety Disorders: Tools and Steps to Enhance Treatment Engagement

Dr. Lisa Weinstock, MD – Psychiatrist, The Motherhood Center of New York; Clinical Assistant Professor, Psychiatry and Behavioral Sciences, New York Medical College.

10:50– 11:20 AM

Facilitated Discussion and Q&A

Dr. Marlene P. Freeman, MD

11:25 – 11:55 AM

Lunch

12:00 – 1:00 PM

Treatment Considerations for Pregnant and Postpartum Women: Medication Treatments: Risks, Benefits, and How to Select Medication Treatments

Dr. Lee S. Cohen, MD and Dr. Marlene P. Freeman, MD

1:05 – 1:35 PM

Treatment Considerations for Pregnant and Postpartum Women: Non-pharmacologic Treatment

Dr. Margaret G. Spinelli, MD - Clinical Professor, Psychiatry, Department of Psychiatry, Columbia University Vagelos College of Physicians and Surgeons; Founder and Former Director, Women's Program in Psychiatry at Columbia University



1:40 – 2:00 PM

Other Critical Treatment Considerations: Substance Misuse Disorders, Interpersonal Violence, and Trauma

Dr. Edwin Raffi, MD, MPH - Instructor, Psychiatry; Harvard Medical School; Staff Psychiatrist, The Ammon-Pinizzotto Center for Women's Mental Health, Massachusetts General Hospital

2:00 – 2:15 PM

Coffee break

Afternoon Track: Successful Provision of Care and Engagement of Patients

2:15– 3:05 PM

Patient Centered Care

2:15 – 2:40 PM

Patient Education and Stigma Reduction

Ms. Sonia Murdock -- Co-founder and Executive Director, Postpartum Resource Center of New York, Inc.

2:20 – 3:05 PM

Cultural Competency

Dr. Nhi-Ha Thuy Trinh, MD, MPH -- Director, Department of Psychiatry Center for Diversity, Massachusetts General Hospital; Director of Multicultural Studies and Director of Clinical Services, Depression Clinical and Research Program, Massachusetts General Hospital; Assistant Professor, Psychiatry, Harvard Medical School

3:10 – 4:15 PM

Logistics of Prioritizing Maternal Mental Health into Practice

3:10 – 3:40 PM

Payment

Dr. Douglas Fish, MD – Medical Director, Office of Health Insurance Programs, Division of Program Development and Management, NYS Department of Health

Ms. Amy Jones-Renaud, MPH - Director, Primary Care Behavioral Health Integration, NYS Office of Mental Health



ProjectTEACH

TRAINING AND EDUCATION FOR THE ADVANCEMENT OF CHILDREN'S HEALTH

3:40 – 4:00 PM

Practice Change – Multidisciplinary Perspectives: Adult Primary Care, Obstetrics, and Pediatrics

Dr. Mary E. D'Alton, MD - Willard C. Rappleye Professor, Obstetrics and Gynecology, Columbia University Medical Center; Chair, Department of Obstetrics and Gynecology, Columbia Medical Center; Director of Services, Sloane Hospital for Women; Attending Physician, New York-Presbyterian Hospital

4:00 – 4:15 PM

Linkages and Referrals: Overview of Project TEACH Maternal Depression Program

Dr. David H. Rubin, MD

4:20 – 4:45 PM

Facilitated Discussion and Q&A

Dr. Lee Cohen, MD

4:50 – 5:00 PM

Future Directions

Dr. Matthew B. Perkins, MD, MBA, MPH, and Dr. David H. Rubin, MD

5:00 PM

Adjourn