Implementation of Behavioral Health in Primary Care

“What do I do now?”

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Disclosures

I HAVE NO RELEVANT FINANCIAL RELATIONSHIP WITH A COMMERCIAL INTEREST TO DISCLOSE.
IMPLEMENTATION

• Meet with your team and discuss plans for integration of a Behavioral Health Care in your office.
• Team should include administration, front desk, schedulers, nursing staff and all providers.
• Create a positive culture around caring for BH patients.
• Schedule a meeting with your coders and billing company.
• Engage your provider representatives from your local payers.

You need to lay the groundwork for practice transformation your TEACH training affords you.
Implementation

• Utilize your EMR.

• Develop templates for BH visits; include time stamp and goals of therapy.

• Use your EMR to track your visits; will help with care coordination, pre-planning, and advocacy.
Implementation
Implementation

• Schedule- allow adequate time for BH visits.
• Bring patients and families back for follow up; manage your schedule. Don’t try and do everything in one visit
• Utilize telemedicine, video visits (Doxy.me)
Implementation

- Use the screening tools! Have all screening tools ready in folders. Include their use in the am huddle.
- Keep Project Teach resources handy; remember warm lines for questioning.
- Don’t forget releases, use a specific release for mental health.
- Consider contracts (ADHD; medication management)
- Document CAP-PC consults (we use phone triage)
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PATIENT NAME:__________________________________  DOB:________________

CONSENT FOR MEDICATION  
SSRIs AND OTHER ANTIDEPRESSANT MEDICINES

I__________________________________, the parent/legal guardian of ______________________, 
agree to the use of the following medication for my child. I have been told the desired effects which may 
include:

1. Better mood, happier, less crying
2. Less argumentative, cranky, or irritable
3. Less negative thinking
4. Less anxiety or nervousness, panic attacks
5. Less obsessive compulsive symptoms
6. Better, sounder sleep
7. Better concentration and motivation
8. Less suicidal thinking or behaviors

These medications often take a number of weeks (even 1-2 months) to reach their full effect. Be patient!

Common side effects and risks have also been discussed and may include:

(Call your doctor if these do not go away within 2 weeks)
Implementation

• Practice Models- Embedded Mental Health Providers.
• WNY Pediatrics- employs a LMHC on staff, FT
• Team based approach that has proven to be invaluable. A positive impact on cost of care and less stress on providers.
• Embraced by our patients and families
• See patients at POS ; “quick touches”, her own schedule for counseling and follow up and assists in linking families with counselors and therapists.
• We also have a therapy dog
Implementation

• Advocacy- get involved !!
• American Academy of Pediatrics-Private Payer Advocacy.
• Pediatric Counsels – success in WNY with a Incentive Program around BH with BCBS
• VBP models/ Capitation in WNY
Thank you!