

Intensive Training: Screening, diagnosis and treatment of perinatal mood and anxiety disorders in primary care settings

Date: November 4, 2023

Time: 10:00 am - 4:00 pm

Location: Westchester Marriott – Tarrytown, NY

PROGRAM AGENDA

Saturday, November 4th

- 10:00 – 10:15am** **Welcome, Project TEACH overview and housekeeping slides**
Kristina Deligiannidis, MD
- 10:15 – 11:10am** **Epidemiology, screening and assessment of perinatal mood and anxiety disorders (PMADs)**
Nicole Pacheco, MD
- 11:10 – 12:00pm** **Suicide risk assessment and management in obstetric and family medicine practices**
Julia Vileisis, MD
- 12:00 – 1:00pm** **Lunch (provided)**
- 1:00 – 2:00pm** **Psychotherapeutic and pharmacologic (antidepressant and benzodiazepine) approaches to perinatal depression and anxiety**
Joshna Singh, MD
- 2:00 – 3:00pm** **Assessment and management of bipolar disorder during the perinatal period**
Rubi Vaughn, MD
- 3:00 – 3:15pm** **Break**
- 3:15 - 4:00 pm** **Question and answer session**
All faculty

Extended Learning Session (virtual)

November 13, 2023

- 12:00 - 1:00 pm** **Understanding the new ACOG clinical practice guideline for screening and diagnosis of mental health conditions during pregnancy and postpartum.**
Elizabeth Fitelson, MD