

## PHQ-2 Screening for Depression

### Quick Screen

A quick way of screening patients for depression is to ask patients these two questions:

During the past month, have you often been bothered by:

1. Little interest or pleasure in doing things?
2. Feeling down, depressed or hopeless?

Yes

No

Yes

No

If the patient's response to both questions is "**no**", the screen is negative.

If the patient responded "**yes**" to either question, consider asking more detailed questions or using PHQ-9 patient questionnaire, Appendix A.

\* PHQ-9 is described in more detail at the McArthur Institute on Depression & Primary Care website  
[www.depression-primarycare.org/clinicians/toolkits/materials/forms/phq9/](http://www.depression-primarycare.org/clinicians/toolkits/materials/forms/phq9/)