



Project TEACH Live Virtual Statewide Intensive Training
Essentials of Perinatal Psychiatry: psychopharmacology and psychotherapy
Date: March 13, 2023
Time: 9:00am-12:00pm EST

PROGRAM AGENDA

Monday, March 13th

Introduction & Overview

- 9:00-9:15am** **Welcome, Project TEACH Overview and Housekeeping Slides**
Kristina Deligiannidis, MD
- 9:15-9:45am** **Discussing the Risks/Benefits/Alternatives to Perinatal Psychiatric Treatment (*as it pertains to perinatal psychiatric morbidity and mortality, preconception counseling*)**
-Case presentation with poll questions and invite questions
Joshna Singh, MD
- 9:45-10:25am** **Use of Antidepressants and Benzodiazepines in Perinatal Patients**
Kristina Deligiannidis, MD
- 10:25-10:40am** **Break**
- 10:40-11:35am** **Use of Mood Stabilizers and Antipsychotics in Perinatal Patients**
-Case presentation with poll questions and invite questions
Elizabeth Fitelson, MD
- 11:35-12:00pm** **Question and Answer Session**
Elizabeth Fitelson, MD
Kristina Deligiannidis, MD
Joshna Singh, MD

3 Virtual Follow-Up Sessions

Mondays from 12:00-1:00 p.m.

- 1. March 20, 2023 – “Approach to Psychotherapeutic Interventions in Perinatal Mood and Anxiety Disorders” - Drs. Catherine Monk and Ellen Poleshuck**
- 2. March 27, 2023 – “Case Discussion: Perinatal Psychiatric Illness” - Faculty TBD**
- 3. April 3, 2023 – “Body Image and Eating Disorders in Perinatal Patients: - Faculty TBD**