

Spring 2022 Statewide Intensive Training
Maternal Mental Health for Primary Care Clinicians
May 16, 2022



A Project Funded by



**Office of
Mental Health**





Families Thrive with Good Mental Health.
*Supporting maternal health and pediatric
clinicians to deliver quality mental health
care in New York State.*





MISSION

To strengthen and support:

1. Pediatric primary care clinicians to deliver care to children and families who experience mild-to-moderate mental health concerns.
2. Ob/Gyns and other primary care clinicians to expand their ability to assess and manage maternal mental health concerns.





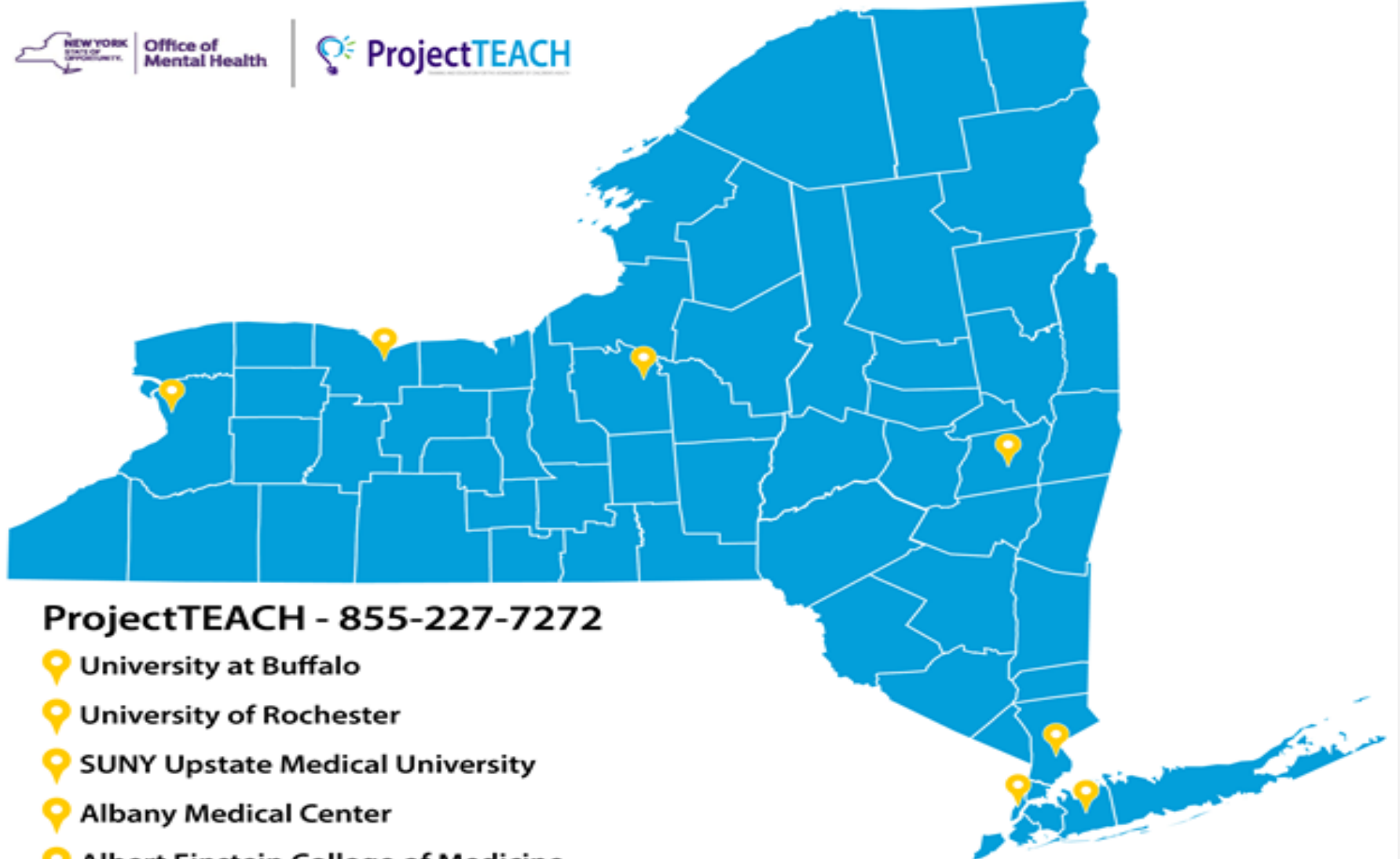
Services

1. **Consultation:** telephone consultation for maternal and child health clinicians with immediate availability or within 30 minutes
2. **Linkage/referral:** assistance
3. **Education**





Office of
Mental Health



ProjectTEACH - 855-227-7272

-  University at Buffalo
-  University of Rochester
-  SUNY Upstate Medical University
-  Albany Medical Center
-  Albert Einstein College of Medicine
-  Columbia University Medical Center / NY State Psychiatric Institute
-  Zucker Hillside Hospital, Northwell Health

Hub Sites



Office of
Mental Health

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Maternal Mental Health (MMH) Team

University at Buffalo

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University of Rochester

- George Nasra, M.D., MBA
- Jeffrey Iler, M.D.
- Ellen Poleshuck, Ph.D.

SUNY Upstate Medical University

- Seethalakshmi Ramanathan, M.D.
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- Elizabeth Fitelson, M.D.
- Catherine Monk, Ph.D.

Zucker Hillside Hospital / Northwell Health

- Kristina Deligiannidis, M.D.*
- Yardana Kaufman, M.D.

Albany Medical Center

- Aum Pathare, M.D.

Albert Einstein College of Medicine

- Rubiahna Vaughn, M.D.

*medical director



Liaison coordinators and Administration

Liaison Coordinators

- Kristin McGinley, LCSW – Buffalo
- Amy Lyons, LCAT – Rochester
- Maureen Ryan, Psy.D. – Syracuse
- Leslie Cummins, LCSW – Northwell
- Sasha Miller, LCSW – Northwell
- Katherine Carnicelli, LCSW – Columbia
- TBD – Albany
- TBD – Albert Einstein

Project Administration

- David Kaye M.D., Executive Director
- Michele Phillips, Project Director
- Ira Bhatia, M.S., M.Ed., Project Administrator





Telephone Consultations

Project TEACH allows primary care to speak on the phone with child and adolescent psychiatrists and reproductive psychiatrists.

Ask questions, discuss cases, or review treatment options.

Whatever clinicians need to support their ability to manage their patients.

1-855-227-7272

Monday-Friday • 9:00am – 5:00pm





CAP/RP Consultations are for prescribers

- Prescribers: physician, NP, PA, resident, fellow
- Practicing in OBGYN, MFM, Family Medicine, Internal Medicine, Neurology, Pediatrics, Med/Peds, Psychiatry...
- Location: Inpatient, outpatient, ER, private practice, etc.





Examples of consultative questions

- Preconception counseling on use of psychotropic medications
- How to screen for and diagnose common mood/anxiety disorders
- How to assess patient risk of harm to self/other
 - My patient scored a “2” on Q10 of the EPDS, what do I do next?
- How to start/maintain/transition psychotropic use in gestation and lactation
 - My patient is prescribed lithium, should I tell her to stop it?
 - My patient wants to breastfeed, is it OK to start her on fluoxetine for depression?
 - Should I reduce my patient’s SSRI dose prior to delivery to reduce risk of PNAS?

We welcome repeated calls so that we may help you manage mental health disorders in your patients across the perinatal period.





What happens when you call?

- OB calls the **1-855-227-7272 phone line**
- Liaison coordinator answers the call and takes down clinician info and summary of patient case
- If request is to speak with perinatal psychiatrist, we ask at which number and at what time you want the call-back
- Perinatal psychiatrist calls back OB/MFM
- If request is to locate mental health services in the patient's area, the coordinator will provide this info to the OB/provider on the phone or via email



Email your nonurgent questions to us via our website

Project TEACH provides real time access to reproductive psychiatrists to address your questions about how to help your patients with maternal mental health concerns. For timely consultations in real time with a reproductive psychiatrist call us at:

1-855-227-7272 Monday-Friday 9am – 5pm

For nonurgent questions email us and we will respond within 2 business days.

[Email Question](#)





Referrals and Linkages

Linkage and referral services help primary care clinicians and families access community mental health and support services. This includes clinic treatment, care management, or family support.

Project TEACH will provide referrals to primary care clinicians for children/adolescents as well as women with maternal mental health concerns.





Training

Project TEACH offers free, CME trainings in several different formats for primary care clinicians serving children/adolescents or women with maternal mental health concerns.

We offer specialized, **in-depth 6-hour CME Intensive Trainings twice annually** as well as **three 1-hour MMH webinars annually** on a variety of topics above and beyond those covered in the Intensive Trainings.

These trainings help maternal health clinicians recognize, assess, and manage mild-to-moderate mental health concerns in perinatal patients.





Educational Resources

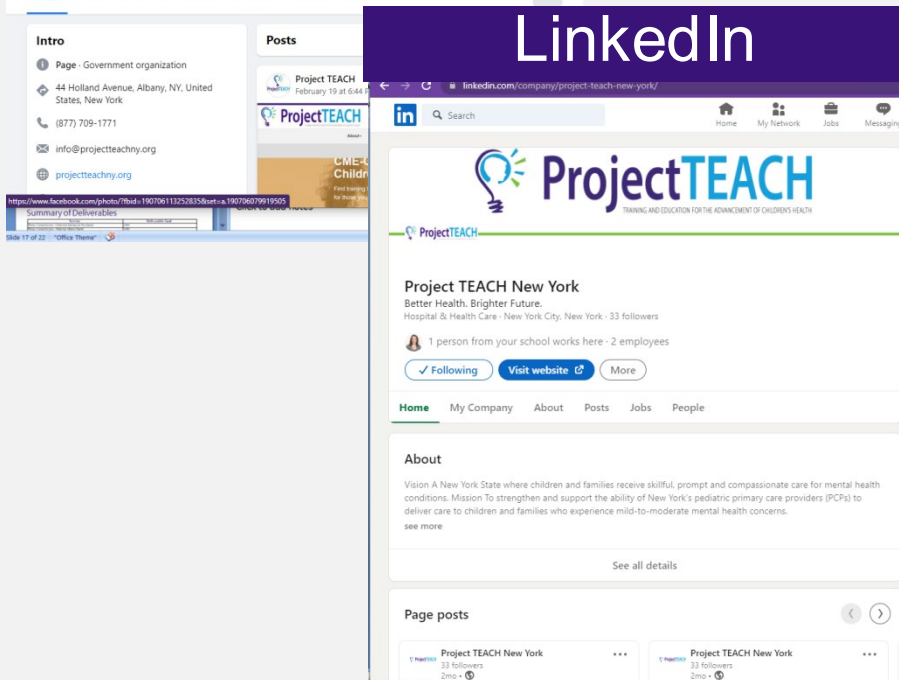
Project TEACH will develop a **tool kit** for maternal health clinicians specific to Maternal Mental Health.

Project TEACH will develop 2 **educational resources** for women and families specific to Maternal Mental Health.

All resources will be posted on the website, available freely to the public.



Stay in touch with us, access resources and register for no-cost CME





Thank you for Attending!

Call us

1-855-772-2727

Learn more about



ProjectTEACH
TRAINING AND EDUCATION FOR THE ADVANCEMENT OF CHILDREN'S HEALTH

projectTEACHny.org

