

## WNY EXPERIENCE

Colleen Mattimore, MD FAAP

Managing Partner , WNY PEDIATRICS

Medical Health Associates, Chair BOD

Primary Care IPA, BOD





#### Speaker:

#### Colleen Mattimore, MD

Contact: (716) 864-2526 Colleenmattimore@gmail.com



# Disclosures

I do not have any relevant financial relationship with a commercial interest to disclose.



Discuss current payment models in WNY.

Discuss appropriate use of psychotherapy codes for BH visits.

BH providers as part of your team.



#### Current Payment Models in WNY

- Hybrid model of FFS payments for well visits and CAPITATED payments for sick visits.
- Capitation is a fixed per person payment over a period of time that is expected to cover the health care services provided ( a payment per month based on members).
- Capitation payments are risk adjusted for the patient needs.
- Capitation shifts the role of managing the cost of care to the provider.





#### Capitation and BH visits

- Methodology of capitated payments.
- BH visits are a significant driver of increases in cost of care; experience under the capitated model did not adequately fund providers for this service.



## Capitation Payment

- Local Payers (WNY) response to BH visit payments:
- 1. Allowing and paying primary code providers when psychotherapy codes are submitted for billing (2017).
- 2. Credentialling LMHCs which allows submission of claims for their visits.

Some restrictions apply and documentation must support these codes. Not all insurances pay these.



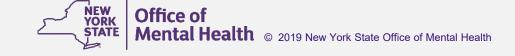
- 90791 Psychiatric Diagnostic Evaluation initial visit
- 90792 Psychiatric Diagnostic Evaluation with medical services
- Documentation is important!
- Common diagnosis are anxiety, depression, OCD and ADHD.



- CPT 90791- The diagnostic assessment note includes
- Reason for assessment
- History of present issue
- PHM- psychiatric
- FH and SH
- ROS if pertinent
- Identify plan with goals, objectives and follow up. MDM.



- CPT 90792 Diagnostic assessment note includes
- Reason for assessment
- History of present issue
- FH / SH
- ROS pertinent
- Exam at minimum a mental status exam
- Identified plan with goals and objectives, medication discussion.

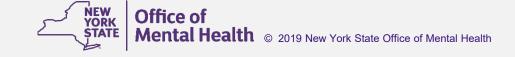




#### Exam Elements 90792

Psychiatric: Mental Status

- Speech
- Thought process
- Judgment and insight
- Orientation
- Attention and concentration
- Mood and affect





- CPT code 90832 90838
- Use often for follow up visits.
- Time based codes.
- Can be used for billing for telehealth and video visits.





## Time Ranges for CPT codes

Code ( stand alone)	Code (E/M)+	"Exact Time"	Time Range
90832	90833	30 minutes	16-37 minutes
90834	90836	45 minutes	38-52 minutes
90837	90838	60 minutes	53+ minutes



#### Use of Psychotherapy Codes

- Use templates designed for BH visits.
- Use time; MDM in documentation.
- Consider employing an embedded BH specialists.
- Know your payer mix and fee schedules.
- Expect denials.
- Continue to advocate for fair payment!
- "Carve-out" for WNY Practices who treat BH conditions.



#### Clinical case

Harry B; 16 yo male presents with mom for depression and medication consultation.

HPI obtained. Focus on presence or absence of sx of depression.

FH obtained.

Alcohol/ drug use reviewed.

Suicidal ideation?

Screening tool PHQ9 scored and reviewed.

PE with Psych/ mental status exam .

Diagnosis discussed; release obtained for communication with his therapist.

Medication risk/ benefit discussed; SSRI consent reviewed. Goals of therapy documented.

Follow up appt made for 3 weeks.

CPT 90792 submitted.





























