



**Project TEACH Virtual Statewide Intensive Training  
Children's Mental Health for Primary Care Providers  
Date: October 31-November 1, 2021**

**WELCOME**

Welcome to *Children's Mental Health for Primary Care Providers!*

The importance of early identification and intervention is vital to helping children have the best possible mental health outcomes. This two-day training makes your practice better equipped to manage mild-to-moderate mental health concerns in children and youth. This free CME Program for New York State Pediatric Primary Care Providers is designed to enhance your skills to assess, treat and manage common mental health concerns in children and youth.

**TARGET AUDIENCE**

The target audience for this event is: NYS primary care and family practice physicians, pediatricians, psychiatrists, psychologists, nursing professionals, social workers, residents, and other mental health, primary care and pediatric clinicians.

**EVALUATION FORMS/CME/CEU CERTIFICATES**

Every participant needs to complete the activity evaluation online to claim CME/CEU credits for this course. Please refer to the CME Information document for more information. We strongly encourage you to complete the evaluation, even if you do not require a certificate. Your comments are important to us as we plan future programs.

**QUESTIONS**

Opportunity for questions will be provided at the end of each module during the question and answer session. Please type your questions in the Q and A box on the Zoom Webinar.

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**CONTACT INFORMATION**

For questions or comments, please contact Lynda Reid-  
(877) 709-1771 or [info@projectteachny.com](mailto:info@projectteachny.com).

**LEARNING OBJECTIVES**

At the end of this educational activity, participants should be able to:

1. Recognize the presentation, diagnosis, comorbidity, neurobiology, and current treatment options available for individuals with ADHD.



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2. Assess depression in youth, and evaluate the treatment options for children and adolescents, including an assessment of the black box warning for SSRIs.
3. Differentiate common anxiety disorders and describe their assessment and treatment.
4. Recognize the behaviors resulting from trauma that require treatment, and evaluate the treatment options for children and adolescents
5. Define pediatric bipolar disorder and provide examples of effective evidence-based therapies.

**ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of McLean Hospital and Massachusetts General Hospital. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians.

McLean Hospital designates this live activity for a maximum of **9 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.



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**PROGRAM AGENDA**

**DAY ONE**

**Introduction & Overview**

**8:30-8:45am** Welcome, Introduction from Regions 1, 2, and 3, and  
Project TEACH Overview  
David H. Rubin, MD

**Module Topic 1: Trauma-Informed Care**

**8:45-9:05am** Assessment and Diagnosis  
Nayla Khoury, MD, Victor Fornari, MD

**9:05-9:25am** Screening  
Nayla Khoury, MD, Victor Fornari, MD

**9:25-9:45am** Treatment  
Victor Fornari, MD, Nayla Khoury, MD

**9:45-10:00am** Incorporation into Your Practice: Trauma-Informed Care  
Amy Jerum, NP, DNP

**10:00-10:30am** Question and Answer  
Moderator: David Kaye, MD  
Panelists: Nayla Khoury, MD, Victor Fornari, MD, Amy Jerum, NP, DNP

**10:30-10:45am** Break

**Module Topic 2: Depression**

**10:45-11:05am** Assessment and Diagnosis  
Diane Bloomfield, MD

**11:05-11:25am** Antidepressants, Youth and Suicide  
Brett Nelson, MD

**11:25-11:45am** Treatment  
Rachel Zuckerbrot, MD

**11:45-12:00pm** Incorporation into Your Practice: Depression  
Jessica Grant, MD



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**12:00-12:30pm**      **Question and Answer**  
**Moderator: David Kaye, MD**  
**Panelists: Diane Bloomfield, MD, Brett Nelson, MD, Rachel Zuckerbrot, MD, Jessica Grant, MD**

**12:30-1:00pm**      **LUNCH**

**Module Topic 3: Reimbursement & Implementation**

**1:00-1:30pm**      **Reimbursement & Implementation**  
**Marc Lashley, MD**  
**Colleen Mattimore, MD**

**1:30-2:00pm**      **Question and Answer**  
**Panelists: Marc Lashley, MD, Colleen Mattimore, MD**

**2:00pm**              **Adjourn**

**DAY TWO**

**Introduction & Overview**

**8:30-8:45am**      **Welcome, Introduction from Regions 1, 2, and 3, and Project TEACH Overview**  
**David H. Rubin, MD**

**Module Topic 4: Anxiety**

**8:45-9:05am**      **Assessment and Diagnosis**  
**Zoya Popivker, DO**

**9:05-9:25am**      **Treatment**  
**James Wallace, MD**

**9:25-9:40am**      **Incorporation into Your Practice: Anxiety**  
**Amy Jerum, NP, DNP**



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**9:40-10:05am**      **Question and Answer**  
**Moderator: Victor Fornari, MD**  
**Panelists: James Wallace, MD, Zoya Popivker, DO, Amy Jerum, NP, DNP**

**10:05-10:20am**      **Break**

**Module Topic 5: ADHD**

**10:20-10:40am**      **Assessment and Diagnosis**  
**David Kaye, MD**

**10:40-11:00am**      **Treatment**  
**Carmel Foley, MD**

**11:00-11:15am**      **Incorporation into Your Practice: ADHD**  
**Maureen Montgomery, MD**

**11:15-11:40am**      **Question and Answer**  
**Moderator: Victor Fornari, MD**  
**Panelists: David Kaye, MD, Carmel Foley, MD, Maureen Montgomery, MD**

**11:40-12:10pm**      **LUNCH**

**Module Topic 6: Bipolar Disorder**

**12:10-12:30pm**      **Assessment and Diagnosis**  
**Sourav Sengupta, MD**

**12:30-12:50pm**      **Treatment**  
**Carmel Foley, MD**

**12:50-1:05pm**      **Incorporation into Your Practice: Bipolar Disorder**  
**Maureen Montgomery, MD**

**1:05-1:30pm**      **Question and Answer**  
**Moderator: Victor Fornari, MD**  
**Panelists: Sourav Sengupta, MD, Carmel Foley, MD**  
**Maureen Montgomery, MD**

**1:30pm**      **Adjourn**



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**SPEAKERS**

<b><u>Day 1</u></b>	<b><u>Day 2</u></b>
<p><b><u>Rachel A. Zuckerbrot, M.D.</u></b>  <b><u>Associate Professor of Clinical Psychiatry</u></b>  <b><u>Site Director, Region 3 Project TEACH, Training and Education for the Advancement of Children's Health</u></b>  <b><u>Columbia University Irving Medical Center/New York State Psychiatric Institute</u></b></p>	<p><b><u>Carmel Foley, MD</u></b>  <b><u>Assistant Professor Hofstra/Northwell Health</u></b>  <b><u>Director, Consultation Liaison Service</u></b>  <b><u>Cohen Children's Medical Center of New York</u></b></p>
<p><b><u>Diane Bloomfield MD, FAAP</u></b>  <b><u>Associate Division Chief, Clinical Affairs,</u></b>  <b><u>Division of Academic General Pediatrics</u></b>  <b><u>Assistant Professor of Pediatrics, Albert Einstein College of Medicine</u></b>  <b><u>The Children's Hospital at Montefiore</u></b>  <b><u>Medical Director, of Pediatrics, Family Care Center</u></b>  <b><u>The Family Care Center</u></b></p>	<p><b><u>Sourav Sengupta, MD, MPH</u></b>  <b><u>Assistant Professor of Psychiatry &amp; Pediatrics</u></b>  <b><u>Department of Psychiatry</u></b>  <b><u>Jacobs School of Medicine &amp; Biomedical Sciences</u></b>  <b><u>Oishei Children's Hospital</u></b></p>
<p><b><u>Marc Lashley MD,FAAP</u></b>  <b><u>Partner Allied Physicians Group and</u></b>  <b><u>Adjuvant.Health</u></b></p>	<p><b><u>David L. Kaye, M.D.</u></b>  <b><u>Professor of Psychiatry</u></b>  <b><u>Medical Director, CAP PC, regional provider for</u></b>  <b><u>Project TEACH</u></b>  <b><u>University at Buffalo Jacobs School of Medicine and Biomedical Sciences</u></b></p>
<p><b><u>Victor M. Fornari, MD, MS</u></b>  <b><u>Vice Chair, Child &amp; Adolescent Psychiatry</u></b>  <b><u>Director, Division of Child &amp; Adolescent Psychiatry</u></b>  <b><u>Department of Psychiatry</u></b>  <b><u>The Zucker Hillside Hospital &amp;</u></b>  <b><u>Cohen's Children's Medical Center</u></b></p>	<p><b><u>David H. Rubin, MD</u></b>  <b><u>Director, Statewide Coordination Center, Project TEACH</u></b>  <b><u>Director, Child and Adolescent Psychiatry Residency Training</u></b>  <b><u>Executive Director, MGH Psychiatry Academy</u></b>  <b><u>Massachusetts General Hospital</u></b>  <b><u>McLean Hospital</u></b>  <b><u>Harvard Medical School</u></b></p>



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<p><b><u>Nayla Khoury, MD</u></b>  <b><u>Medical director, Chief of Child &amp; Adolescent Psychiatry Outpatient Clinic</u></b>  <b><u>Assistant Professor, Psychiatry and Behavioral Sciences</u></b>  <b><u>SUNY Upstate Medical University</u></b></p>	<p><b><u>Zoya Popivker, D.O.</u></b>  <b><u>Child and Adolescent Psychiatrist</u></b>  <b><u>Northwell Health</u></b></p>
<p><b><u>David H. Rubin, MD</u></b>  <b><u>Director, Statewide Coordination Center, Project TEACH</u></b>  <b><u>Director, Child and Adolescent Psychiatry Residency Training</u></b>  <b><u>Executive Director, MGH Psychiatry Academy</u></b>  <b><u>Massachusetts General Hospital</u></b>  <b><u>McLean Hospital</u></b>  <b><u>Harvard Medical School</u></b></p>	<p><b><u>Amy Jerum, DNP, FNP-PMC, CPNP-PC, PMHS</u></b>  <b><u>Assistant Professor</u></b>  <b><u>Golisano Institute for Developmental Disability Nursing, Pediatric Specialist</u></b>  <b><u>St. John Fisher College</u></b>  <b><u>Wegmans School of Nursing</u></b>  <b><u>University of Rochester Medical Center, Division of Transitional Care Medicine</u></b>  <b><u>Monroe Community Hospital, Pediatric Unit, FR1E</u></b></p>
<p><b><u>Jessica Grant, MD</u></b>  <b><u>Manhattan Valley Pediatrics</u></b></p>	<p><b><u>Maureen Montgomery, MD, FAAP</u></b>  <b><u>Amherst Pediatrics Associates (retired)</u></b></p>
<p><b><u>David L. Kaye, M.D.</u></b>  <b><u>Professor of Psychiatry</u></b>  <b><u>Medical Director, CAP PC, regional provider for Project TEACH</u></b>  <b><u>University at Buffalo Jacobs School of Medicine and Biomedical Sciences</u></b></p>	<p><b><u>Victor M. Fornari, MD, MS</u></b>  <b><u>Vice Chair, Child &amp; Adolescent Psychiatry</u></b>  <b><u>Director, Division of Child &amp; Adolescent Psychiatry</u></b>  <b><u>Department of Psychiatry</u></b>  <b><u>The Zucker Hillside Hospital &amp; Cohen's Children's Medical Center</u></b></p>
<p><b><u>Amy Jerum, NP, DNP, FNP-PMC, CPNP-PC, PMHS</u></b>  <b><u>Assistant Professor</u></b>  <b><u>Golisano Institute for Developmental Disability Nursing, Pediatric Specialist</u></b>  <b><u>St. John Fisher College</u></b>  <b><u>Wegmans School of Nursing</u></b>  <b><u>University of Rochester Medical Center, Division of Transitional Care Medicine</u></b>  <b><u>Monroe Community Hospital, Pediatric Unit, FR1E</u></b></p>	<p><b><u>James Wallace MD, Child and Adolescent Psychiatrist</u></b>  <b><u>University of Rochester, Associate Clinical Professor in Pediatrics and Psychiatry</u></b></p>
<p><b><u>Brett R. Nelson, MD</u></b>  <b><u>Medical Director, Project TEACH Region 2, Site 1</u></b>  <b><u>Medical Director, Child and Adolescent Psychiatry Outpatient Clinic</u></b>  <b><u>Four Winds Hospital, Saratoga Springs</u></b></p>	



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<p><b><u>Colleen Mattimore, MD, FAAP</u></b> <b><u>Assistant Clinical Instructor @SUNY Buffalo</u></b> <b><u>School of Medicine</u></b> <b><u>Hospital Affiliation is Oishei Childrens Hospital</u></b></p>	
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**FACULTY DISCLOSURE STATEMENTS**

In accord with the disclosure policy of McLean Hospital as well as guidelines set forth by the Accreditation Council on Continuing Medical Education, all people in control of educational content, including speakers, course directors, planners, and reviewers, have been asked to disclose all relevant financial relationships with commercial interests of both themselves and their spouses/partners over the past 12 months, as defined below:

**Commercial Interest**

The ACCME defines a "commercial interest" as any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests. For more information, visit [www.accme.org](http://www.accme.org).

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Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected. ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner.

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**Speakers:**

**Marc Lashley, MD**

Allied Physicians Group (Partner)  
Adjuvant. Health (Partner)

**David L. Kaye, MD**

Cartesian Solutions: Partner/Owner In This Consultation LLC  
Health Now: Fees For Serving on QI committee for Blue Cross

**Susan Sprich, PhD (Psychologist Reviewer)**

Oxford University Press: Royalties-Co-Author  
Springer: Royalties-Editing  
Association for Behavioral and Cognitive Therapies (ABCT): Honorarium-Associate Editor

**All other individuals including course directors, planners, reviewers, faculty, staff, etc., who are in a position to control the content of this educational activity have, on behalf of themselves and their spouse or partner, reported no financial relationships related to the content of this activity.**