



**Project TEACH Virtual Statewide Intensive Training
Children's Mental Health for Primary Care Providers
Date: November 1 and 2, 2020**

WELCOME

Welcome to *Children's Mental Health for Primary Care Providers!*

The importance of early identification and intervention is vital to helping children have the best possible mental health outcomes. This two-day training makes your practice better equipped to manage mild to moderate mental health concerns in children and youth. Free CME Program for New York State Pediatric Primary Care Providers is designed to enhance your skills to assess, treat and manage common mental health concerns in children and youth.

TARGET AUDIENCE

The target audience for this event is: NYS primary care and family practice physicians, pediatricians, psychiatrists, psychologists, nursing professionals, social workers, residents, and other mental health, primary care and pediatric clinicians.

EVALUATION FORMS/CME/CEU CERTIFICATES

Every participant needs to complete the activity evaluation online to claim CME/CEU credits for this course. Please refer to the CME Information document for more information. We strongly encourage you to complete the evaluation, even if you do not require a certificate. Your comments are important to us as we plan future programs.

QUESTIONS

Opportunity for questions will be provided at the end of each module during the question and answer session. Please type your questions in the Q and A box on the Zoom Webinar.

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CONTACT INFORMATION

For questions or comments, please contact Phyllis Kaufman and Lynda Reid- (877) 709-1771 or info@projectteachny.com.

LEARNING OBJECTIVES

At the end of this educational activity, participants should be able to:

1. Recognize the presentation, diagnosis, comorbidity, neurobiology, and current treatment options available for individuals with ADHD.



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2. Compare depression in youth, and evaluate the treatment options for children and adolescents, including an assessment of the black box warning for SSRIs.
3. Differentiate common anxiety disorders and describe their assessment and treatment.
4. Recognize the presentation of trauma and aggression behaviors that require treatment and evaluate the treatment options for children and adolescents.
5. Define pediatric bipolar disorder and provide examples of effective evidence-based therapies.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of McLean Hospital and Massachusetts General Hospital. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians.

McLean Hospital designates this live activity for a maximum of **9 *AMA PRA Category 1 Credits***[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.



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PROGRAM AGENDA

DAY ONE

Introduction & Overview

8:30-8:45am **Welcome, Introduction from Regions 1, 2, and 3, and
Project TEACH Overview
David Rubin, MD**

Module Topic 1: Depression

8:45-9:05am **Assessment and Diagnosis
Diane Bloomfield, MD**

9:05-9:25am **Illuminating the Black Box: Antidepressants, Youth and Suicide
Sarah Klagsbrun, MD**

9:25-9:45am **Treatment
Rachel Zuckerbrot, MD**

9:45-10:00am **Incorporation into Your Practice: Depression
Jessica Grant, MD**

10:00-10:30am **Question and Answer
Moderator: David Kaye, MD
Panelists: Rachel Zuckerbrot, MD, Sarah Klagsbrun, MD, Diane
Bloomfield, MD, Jessica Grant, MD**

10:30-10:45am **Break**

Module Topic 2: Anxiety

10:45-11:05am **Assessment and Diagnosis
Eric MacMaster, MD**

11:05-11:25am **Treatment
Zoya Popivker, D.O.**

11:25-11:45am **Incorporation into Your Practice: Anxiety
Diane Bloomfield, MD**



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- 11:45-12:15pm** **Question and Answer**
Moderator: David Kaye, MD
Panelists: **Eric MacMaster, MD, Zoya Popivker, D.O., Diane Bloomfield, MD**
- 12:15-12:45pm** **LUNCH**
- Module Topic 3: Reimbursement & Implementation**
- 12:45-1:15pm** **Reimbursement & Implementation**
Marc Lashley, MD
Colleen Mattimore, MD
- 1:15-1:45pm** **Question and Answer**
Panelists: **Marc Lashley, MD**
Colleen Mattimore, MD
- 1:45pm** **Adjourn**



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Day Two

Introduction & Overview

8:30-8:45am Welcome, Introduction from Regions 1, 2, and 3, and
Project TEACH Overview
David Rubin, MD

Module Topic 4: ADHD

8:45-9:05am Assessment and Diagnosis
Brett Nelson, MD

9:05-9:25am Treatment
Carmel Foley, MD

9:25-9:40am Incorporation into Your Practice
Maureen Montgomery, MD

9:40-10:05am Question and Answer
Moderator: Nayla Khoury, MD
Panelists: **Brett Nelson, MD, Carmel Foley, MD, Maureen Montgomery, MD**

10:05-10:20am Break

Module Topics 5 and 6: Aggression and Trauma-Informed Care

10:20-10:40am Aggression
David Kaye, MD

10:40-11:05am Incorporating Aggression Management into Your Practice
Amy Jerum, NP, DNP

11:05-11:20am Trauma
Nayla Khoury, MD

11:20-11:35am Incorporating Trauma-Informed Care in Your Practice
Amy Jerum, NP, DNP

11:35-11:55am Question and Answer
Moderator: Victor Fornari, MD
Panelists: **David Kaye, MD, Nayla Khoury, MD, Amy Jerum, NP, DNP**

11:50am-12:30pm LUNCH



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Module Topic 7: Bipolar Disorder

12:30-12:50pm	Assessment and Diagnosis Carmel Foley, MD
12:50-1:10pm	Treatment Victor Fornari, MD
1:10-1:25pm	Incorporation into Your Practice Maureen Montgomery, MD
1:25-1:50pm	Question and Answer Moderator: Brett Nelson, MD Panelists: Carmel Foley, MD, Victor Fornari, MD, Maureen Montgomery, MD
2pm	Adjourn



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SPEAKERS

<p> Rachel A. Zuckerbrot, M.D. Associate Professor of Clinical Psychiatry Site Director, Region 3 Project TEACH, Training and Education for the Advancement of Children's Health Columbia University Irving Medical Center/New York State Psychiatric Institute </p>	<p> Carmel Foley, MD Assistant Professor Hofstra/Northwell Health Director, Consultation Liaison Service Cohen Children's Medical Center of New York </p>
<p> Jessica Grant, MD Manhattan Valley Pediatrics </p>	<p> Victor M. Fornari, MD, MS Vice Chair, Child & Adolescent Psychiatry Director, Division of Child & Adolescent Psychiatry Department of Psychiatry The Zucker Hillside Hospital & Cohen's Children's Medical Center </p>
<p> Eric MacMaster, MD Assistant Professor of Psychiatry and Behavioral Sciences SUNY Upstate Medical University </p>	<p> Maureen Montgomery MD FAAP Amherst Pediatrics Associates (retired) </p>
<p> Marc Lashley, MD Allied Physicians Group of NY Cohen's Children's Medical Center, New Hyde Park NY </p>	<p> Nayla Khoury, MD Medical Director, Chief of Child & Adolescent Psychiatry Outpatient Clinic Assistant Professor, Psychiatry and Behavioral Sciences SUNY Upstate Medical University </p>
<p> Sarah Klagsbrun, MD, DFAPA, DFAACAP Medical Director Four Winds Hospital, Medical Director, Region 2, Site 2, Project TEACH Assistant Professor of Behavioral Sciences at the Albert Einstein College of Medicine </p>	<p> David L. Kaye, M.D. Professor of Psychiatry Vice Chair for Academic Affairs (Psychiatry) Medical Director, CAP, Medical Director Project TEACH Regions 1 and 3 University at Buffalo Jacobs School of Medicine and Biomedical Sciences </p>



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<p>Brett R. Nelson, MD Medical Director, Project TEACH Region 2, Site 1 Medical Director, Child and Adolescent Psychiatry Outpatient Clinic Four Winds Hospital, Saratoga Springs</p>	<p>Amy Jerum, DNP, FNP-PMC, CPNP-PC, PMHS Assistant Professor Golisano Institute for Developmental Disability Nursing, Pediatric Specialist St. John Fisher College Wegmans School of Nursing University of Rochester Medical Center, Division of Transitional Care Medicine Monroe Community Hospital, Pediatric Unit, FR1E</p>
<p>Zoya Popivker, D.O. Child and Adolescent Psychiatrist Northwell Health</p>	<p>David H. Rubin, MD Director, Statewide Coordination Center, Project TEACH Director, Child and Adolescent Psychiatry Residency Training Executive Director, MGH Psychiatry Academy Massachusetts General Hospital McLean Hospital Harvard Medical School</p>
<p>Diane Bloomfield MD Associate Division Chief, Academic General Pediatrics Medical Director, Family Care Center Pediatrics Children’s Hospital at Montefiore Assistant Professor, Albert Einstein College of Medicine</p> <p>Bronx New York</p>	<p>Colleen Mattimore, MD, FAAP Medical Health Associates of WNY</p>

FACULTY DISCLOSURE STATEMENTS

In accord with the disclosure policy of McLean Hospital as well as guidelines set forth by the Accreditation Council on Continuing Medical Education, all people in control of educational content, including speakers, course directors, planners, and reviewers, have been asked to disclose all relevant financial relationships with commercial interests of both themselves and their spouses/partners over the past 12 months, as defined below:

Commercial Interest



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The ACCME defines a “commercial interest” as any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interests. For more information, visit www.accme.org.

Financial relationships

Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected. ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner.

Relevant financial relationships

ACCME focuses on financial relationships with commercial interests in the 12-month period preceding the time that the individual is being asked to assume a role controlling content of the CME activity. ACCME has not set a minimal dollar amount for relationships to be significant. Inherent in any amount is the incentive to maintain or increase the value of the relationship. The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months that create a conflict of interest.

Conflict of Interest

Circumstances create a conflict of interest when an individual has an opportunity to affect CME content about products or services of a commercial interest with which he/she has a financial relationship.

The following planners, speakers, and content reviewers, on behalf of themselves and their spouse or partner, have reported financial relationships with an entity producing, marketing, re-selling, or distributing health care goods or services (relevant to the content of this activity) consumed by, or used on, patients:

Speakers:

Eric MacMaster, MD
Salary: Project TEACH

David L. Kaye, MD
Cartesian Solutions: Owner of Integrated Car Consulting Company



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QI Committee: Health Now

All other individuals including course directors, planners, reviewers, faculty, staff, etc., who are in a position to control the content of this educational activity have, on behalf of themselves and their spouse or partner, reported no financial relationships related to the content of this activity.